VOLUNTEER OPPORTUNITIES FOR TEENS
Prepared by the Librarians at the Parsippany Troy Hills Public Library

Interested in getting involved? The following is a list of volunteer opportunities for teens. These are local organizations within driving distance. Also listed are some online resources that teens and parents can use to find volunteer opportunities based on interest and location.

**Bridges Outreach, Summit**
Bridges provides food, clothing and other necessities to the homeless in Newark, Irvington, and Summit. High School students can join The Bridges Teens Tackle Homelessness Committee.

- **W:** http://www.bridgesoutreach.org/
- **E:** volunteerbridges@gmail.com
- **P:** 908-273-0176

**Color A Smile, Morristown**
"Color cheerful drawings for senior citizens, troops overseas, & anyone else in need of a smile."

- **W:** http://colorasmile.org/
- **E:** info@colorasmile.org
- **P:** 973-540-9222

**Community Soup Kitchen & Outreach Center Inc., Morristown**
The Center provides warm meals free of charge to anyone seeking nourishment. 7th and 8th graders are encouraged to join the Youth Council.

- **W:** http://www.cskmorristown.com/
- **E:** Volunteer@CSKMorristown.org
- **P:** 973-267-0709

**i-Can Bike, Randolph**
This is a 5 day camp to teach people with disabilities how to ride a bike. It will be held August 6-10, 2018 at the County College of Morris, Randolph, NJ.

- **W:** www.icanshine.org/ican-bike-randolph-nj
- **E:** icanbikerandolphnj@gmail.com
- **P:** 973-943-1545

**Interfaith Food Pantry, Morris Plains**
Provides food to Morris County residents in need.

- **W:** http://mcifp.org/
- **E:** interfaithfoodpantry@mcifp.org
- **P:** 973-538-8049

**Morris County Park Commission, Multiple locations**
There are many different volunteer opportunities within the Morris County Park Commission.

- **W:** http://morrisparks.net/index.php/commission/volunteer/
- **P:** 973-326-7600

**Morris Habitat for Humanity, Randolph**
Students ages 12-18 can join Youth United for fundraising and leadership opportunities.

- **W:** http://www.morrishabitat.org/volunteer/youth-and-young-adults
- **P:** 973-891-1934
Mt. Pleasant Animal Shelter, E. Hanover

The perfect volunteer opportunity for animal lovers! The Volunteer Program consists of Junior Volunteers (ages 10-15) and volunteer options for ages 16 and up.

W: http://njshelter.org/volunteer/
E: info@njshelter.org
P: (973) 386-0590

Red Cross, Multiple locations

The American Red Cross youth programs provide young adults with meaningful opportunities to learn and to serve their communities. Students ages 13-17 must fill out the New Jersey Region Youth Volunteer Application.
Fairfield Chapter: (973) 797-3300
Summit Chapter: (908) 273-2076
E: http://www.redcross.org/local/nj/volunteer

Reeves-Reed Arboretum, Summit

Ground Force volunteering for students 14 and up who love being outdoors. Volunteers ages 12-13 are welcome, but must be accompanied by an adult.
W: https://www.reeves-reedarboretum.org/get-involved/volunteer/
E: l.martin@reeves-reedarboretum.org
P: 908-273-8787 ext. 1313

Saint Clare’s Health System, Denville

Volunteers are matched with different opportunities based on interest and the hospitals’ needs.
P: 973-625-6010

United Way of Morris County, Morristown

Provides volunteer opportunities for youth in Northern New Jersey.
W: http://unitedwaynnj.org/volunteer/volunteer.php
P: 973-993-1160

Online resources to help connect you with your next volunteer opportunity:
- www.volunteermatch.org
- www.jerseycares.org
- www.dosomething.org
- www.idealista.org
- www.serve.gov

You can also contact:
- The religious organization you and/or your family is affiliated with
- Local political campaigns
- Local animal shelters and senior centers

The library is the heart of your community!