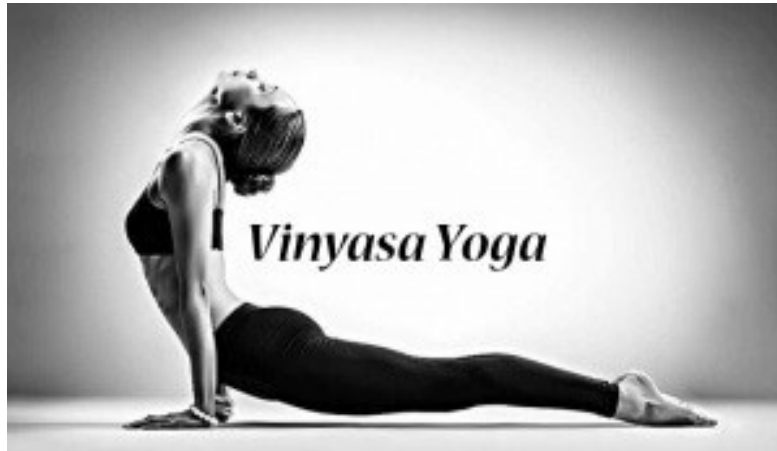


Evening Yoga Class



Tuesdays from 6pm-7pm
October 16, 23 November 6, 13, 20, 27
December 4, 11, 18

Parsippany Public Library
449 Halsey Road, Parsippany, NJ 07054
(973)887-5150

Certified yoga instructor, Rebecca Mancini, will teach one-hour vinyasa yoga classes connecting breath and movement to create a balanced experience physically and mentally.

Beginners Class. No registration required.
\$5 per class (Please bring a yoga mat)

THE PARSIPPANY ~ TROY HILLS
PUBLIC LIBRARY SYSTEM

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www.parsippanylibrary.org

Updated: Oct 11, 2018